

# **KARATE TOURNAMENT COMPETITORS NOTICE**

For Tournaments to run smoothly, we request the following:

## **Registration Deadline**

Please ensure you register by the deadline as categories/divisions are determined ahead of time.

Please ensure all information on registration sheet(s) is correct.

## **Registration Fees**

Registration fees are to be paid to your club.

## **Lunch / Snacks / Drinks**

Due to tournaments running through lunch, we encourage you to bring a brown bag lunch/snacks/drinks to the event there is no cafeteria. Food must be consumed outside of the gymnasium.

It is difficult to determine when an athlete can leave for lunch as categories/divisions may be called to compete earlier/later than anticipated.

## **Competition Time**

We ask all participants to be ready to compete at the scheduled time.

## **Gi/ Mouthguard / Gloves**

Please ensure you pack your mouthguard, gloves, gi & belt.