# SKA 2024 SPRING KARATE CAMP

# May 10 - 12, 2024 Midwest Karate Saskatoon

Instructors from around the province will be teaching kata & kumite techniques along with kettlebell classes. Must be 7 years of age or older.

#### **WEEKEND FEES**

Youth: \$50 (all classes included) Adult: \$100 (all classes included) 

## **FAMILY RATE**

- \$ 15 % off lowest fee (family of 2)
- 20% off lowest fee (family of 3)

### **CLASS SCHEDULE**

## Friday May 10

Youth all levels: 6:00 - 7:00 pm Adults all levels: 7:30 - 9:30 pm Kettlebell class: 6:00 - 7:00 pm

### **Saturday May 11**

Youth beginner: 9 - 10 am Kettlebell class: 9 - 10 am

Youth advanced: 10:15 - 11:15 am

Kettlebell class: 10:15 - 11:15

Adult all levels: 11:30 am - 1:30 pm

Youth all levels: 2 - 3 pm Adults all levels: 3:15 - 5:15

# **Sunday May 12**

• Youth Beginner: 9 - 10 am • Kettlebell class: 9 - 10 am

 Youth Advanced: 10:15 - 11:15 am • Kettlebell class: 10:15 - 11:15 am

Adults all levels: 11:30 - 12:30

### **PAYMENT OPTIONS**

- E-transfer: sk.karate@shaw.ca
- Cash at the door
- ❖ Mail Cheque to: SKA, 510 Cynthia St., Saskatoon, SK. S7L 7K7

### SCHEDULE/INFO

- www.saskkarate.ca
- ❖ Facebook: Saskatchewan Karate **Association**

## **SUPPER / SOCIAL**

## **Saturday May 11**

Mano's Restaurant (Private Dining Room) 1820 8 St E #200

Time: 6:30 pm

Sign up soon! Seating is limited

#### **ACCOMODATIONS**

Parktown Hotel (306) 244-5564 924 Spadina Cr. E. 2 Queen Size Beds \$135/night + tax

**Group name: SK Karate** Rooms held until April 19

# **SIGN UP TODAY!**

REGISTRATION FOR CLASSES & SUPPER SOCIAL AT YOUR CLUB