## SKA ATHLETIC DEVELOPMENT SESSION

## IN COMBINATION WITH SENSEI JORGENSEN SEMINAR

June 15 - 16, 2024

Athletic Development session times to be determined

## Midwest Karate Regina

3rd Floor, 1100 Broad St. Regina, SK

If you are 14 years of age or older and hold a green belt or higher in your style you are welcome to attend athletic development sessions

Please talk to your instructor for special consideration

For more information please call the SKA office at: (306) 374-7333 or E-mail: <a href="mailto:sk.karate@shaw.ca">sk.karate@shaw.ca</a>