

SKA ATHLETIC DEVELOPMENT SESSION

SATURDAY MARCH 22

10:00 am – 12:30 pm

&

2:30 pm – 5:00 pm

SUNDAY MARCH 23

9:00 am – 12:00 pm

Midwest Karate Regina

3rd Floor, 1100 Broad St. Regina, SK

Must be 14 years of age or older & hold a green belt or higher
OR have permission from your instructor to participate

For more information call the SKA office at:
(306) 374-7333 or E-mail: sk.karate@shaw.ca